



SPA

AT THE DAFFODIL

TREATMENT MENU



MASSAGE THERAPIES

Germaine de Capuccini World of Aroma, Sperience Massage. An aromatherapy massage designed to suit your needs and mood. Choose from one of our 5 pre-blended oils. Your therapist will then use specific movements to target your concerns.

FIRE - A warming, relaxing Massage blended with Lavender, Sandlewood and Ylang-Ylang to help calm and sooth and alleviate anxiety.

EARTH - An anti-cellulite massage working on the contours of the body and targeting stomach area to aid congestion, with essential oils of Cedarwood and Juniper.

METAL - A revitalizing Massage, with Lemon, Lime and Nutmeg, to uplift the mind and body.

WOOD - A stimulating Massage with essential oils of Mint, Sage and Cinnamon designed to help improve circulation.

WATER - A massage to help with rehydration, regeneration and sooth the mind and assist with fluid retention in the legs, with Geranium, Patchouli and Coriander.

AROMA BACK & SCALP MASSAGE

Select your choice of preferred aroma blend from our range of oils, to suit your mood, relax with a back and neck Massage to ease tension, your treatment is complete with a nourishing scalp massage.

Treatment time 40 minutes, £50

BACK MASSAGE

Select your choice of preferred aroma blend from our range of oils, to suit your mood, relax with a back, neck and shoulder massage tailored to your preffered pressure.

Treatment time 25 minutes, £45



HOT STONE BACK MASSAGE

A relaxing back, neck and shoulder Massage complete using hot stones targeting deep into the muscles to relieve stress and melt away tension.

Treatment time 40 minutes, £50

WALKERS LEG THERAPY

A perfect treatment for tired, achy legs - our Baobab energizing leg treatment. This treatment commences with an Exfoliation, followed by a Massage to the legs and finishes with a touch of dreamy leg gel, leaving you radiant and walking on air!

Treatment time 40 minutes, £50

PURIFYING BACK THERAPY

Enjoy a deep cleansing and purifying back treatment which includes a Cleanse, Exfoliation and a Purifying mask and Back Massage.

Treatment time 40 minutes, £50

SOOTHING FOOT & LEG MASSAGE

Soothing Massage to ease those aches and pains in the legs and feet. Helps with water retention and aids lymphatic drainage.

Treatment time 25 minutes, £40

INDIAN HEAD MASSAGE

A relaxing treatment aimed at easing the stress and tension in the head and shoulder area. Designed to relieve headaches and take you away from day to day life leaving you feeling uplifted and de-stressed.

Treatment time 40 minutes, £55

DEEP HEAT BACK MASSAGE

A massage designed to treat deep tension, with a luxurious self-heating oil combined with a massage medium, for those suffering with aches and pains – ideal for the shoulder and neck area.

Treatment time 25 minutes, £50

PREGNANCY BACK MASSAGE

Relaxing back massage using no essential oils. Performing the massage in 2 sections whilst lay on your side surrounded by pillows to make a comfy and relaxing treatment to sooth those extra aches and pains of carrying a baby. Once the back massage is complete your therapist will cocoon you and let you relax for 10 minutes. You must be 15 weeks+ for us to carry out this treatment.

Treatment time 25 minutes + 10 minutes relaxing, £55



FACIAL THERAPIES

Please note that all of our facials are suitable during pregnancy.

DAFFODIL CLASSIC FACIAL

A facial for all skin types and needs. Including a double cleanse, exfoliation, face, neck and shoulder massage and whilst your mask is on relax with a revitalising scalp therapy. This therapy includes Germaine serums, replenishing eye cream and moisturiser.

Treatment time 40 minutes, £55

REVITALISING VITAMIN C (INCLUDING DEEP SKIN PEEL)

This facial is designed to revitalise and brighten the skin using our Vitamin C range and glycolcure peel. This facial also includes a face, neck and shoulder massage and a scalp therapy. Not recommended for sensitive skin.

Treatment time 40 minutes, £65

EYE LIFTING & FIRMING FACIAL

This facial is designed to help lift and firm fine lines and wrinkles around the eye area. After a soothing cleanse and eye mask application you will receive a facial massage targeting the eye area.

Treatment time 40 minutes, £55



NAIL CARE

SPA EXPRESS MANI OR PEDI

Includes shaping of the nails, cuticle work, mini foot and leg or hand and leg Massage and application of a colour of your choice.

Treatment time 40 minutes, £40

ALTERNATIVE THERAPIES

REFLEXOLOGY

A complementary therapy which naturally balances the whole body. By using compression massage to the reflex areas of the feet, tension is released, circulation is improved and general feeling of wellbeing is achieved.

Treatment time 40 minutes, £55

HOPI HEAVEN (EAR CANDLES)

Hopi ear candles are used to help the decongestion and discomfort of compacted ear wax and blocked sinuses. Your therapist will create a relaxing atmosphere and combine the treatment with a scalp massage to leave you feeling decongested and relaxed. Suitable during pregnancy after 12 weeks.

Treatment time 40 minutes, £55

