

DAFFODIL
HOTEL & SPA

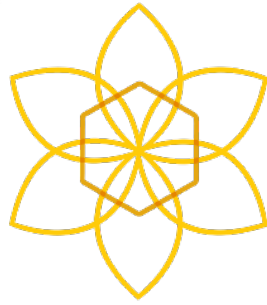
COFFIN ROUTE TO RYDAL | LAKESHORE RETURN TO GRASMERE

DURATION | 3-4 HOURS

To start, cross the road from The Daffodil Hotel Car Park and go up the path opposite to emerge on the lane outside Dove Cottage.

Here, turn right and follow the lane to the top of the hill, pass the overgrown pond and turn left to go up the lane on the right hand side that leads along the hillside (*keep an eye out for buzzard and raven*). Continue for around 30 to 40 minutes until the path ends at another lane, down to the main road at Rydal. On your way down to the road you will pass, on your left, the grounds of Rydal hall where you can enjoy the excellent tea room.

To continue the walk, turn right at the main road to reach the Badger Bar where its own Badger Bar Ale is particularly good. Almost opposite the pub across the main road, you can go through the gap in the drystone wall and over the footbridge.



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Turn right and follow along the lakeshore path of Rydal Water to the head of the lake, then continue upstream along the left hand side of the River Rothay (*look out for dipper*) on the woodland path (*look out for red squirrel, nuthatch and tree creeper*) to the foot of the lake at Grasmere.

Here you can either follow the shore path (*look out for heron, great-crested grebe and long-tailed tit*) into the village, back to the hotel, or you can cut out straight to the main road for a shorter return.

Any queries, please see either Steve or Mark on the Concierge desk.

ENJOY YOUR WALK!