

DAFFODIL
HOTEL & SPA

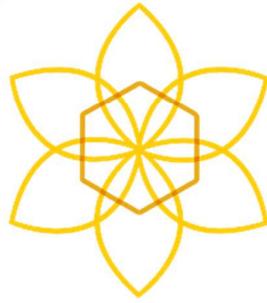
LOUGHRIGG TERRACE VIA
LADY WOOD | WHITE MOSS &
RED BANK WOOD

DURATION | 3 HOURS

Cross the main road directly opposite the hotel car park and then follow the short path ahead to emerge on the lane outside Dove Cottage. Here, turn right and follow up the hill to an overgrown pond at the top and keep on ahead (*look out for roe deer, great-spotted woodpecker, buzzard and raven*).

Keep on along the lane until you see the gate, turn left into Lady Wood. Enter the wood, take in the view over the lake and admire the cluster of fine old large beech trees (*look out for red squirrel, red and roe deer, chaffinch, jay, nuthatch and tree-creeper*).

Keep on through the wood to return to the lane and follow this down past the drive to the house called Lady Wood, to the left of the main road at White Moss. The best way to cross safely is from the old quarry car park directly ahead. Once across, White Moss Park offers the last public toilet for a while.



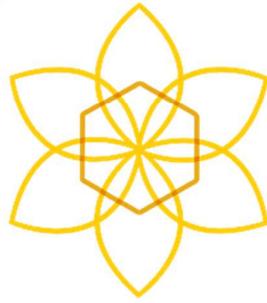
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Next, take the footbridge over the River Rothay (*look out for dipper and grey wagtail*). From the bridge, leave the river behind and continue straight ahead, up through the wood, admiring the bluebells and smelling wild garlic in season (*look out for blue tit, coal tit, great tit and long-tailed tit*).

The path leads steadily up to a gate; go through it and turn right to reach a stunning viewpoint over the lake and vale of Grasmere. In Autumn, the bursts of red and yellow really make a terrific spectacle and also in Spring with lush greens galore.

Strike out along the celebrated Loughrigg Terrace path, rising gently along the fell-side ahead and right (*look out for kestrel and stonechat*). Along the way, be sure to take advantage of the many benches for a well-deserved break but watch out for mountain bikers on the terrace paths.

At the end of the terrace path cut out to the Red Bank Road and from there, turn right. After a very short distance, you will see a signpost on the left leading through the grass to a gate into Red bank Wood. Enter the wood and enjoy walking along at canopy heights as the path is on top of a steep slope (*look out for red squirrel, red and roe deer, jay, tree-creeper and nuthatch*).



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Make sure you stop at the bench set in the high clearing on the right to enjoy the fine view across the lake. Continue down through the wood, to emerge on Red Bank Road where you can choose either left or right.

Left will take you downhill to follow Red Bank Road into the village (*look out for goosander, goldeneye, red squirrel and roe deer*). In the village it is very easy to find your way back to the hotel but first have a look in the Daffodil Garden next to the church.

Right will take you uphill to follow Red Bank Road to a stile, left into a path and down to the lake shore (*look out for cormorant, great-crested grebe, heron and tufted duck*). Stick to the lakeside path to the weir footbridge over the river at the foot of the lake (*look out for dipper and grey wagtail*). Cross the bridge and follow the path out to the main road at Penny Rock Wood (*look out for nuthatch, tree-creeper, wren, chaffinch and brambling*). Turn left along the main road to return to The Daffodil Hotel.

Any queries, please see either Steve or Mark on the Concierge desk.

ENJOY YOUR WALK!