



SPA

AT THE DAFFODIL

TREATMENT MENU



MASSAGE THERAPIES

Germaine de Capuccini World of Aroma, Spierience Massage. An aromatherapy massage designed to suit your needs and mood. Choose from one of our 5 pre-blended oils. Your therapist will then use specific movements to target your concerns.

FIRE - A warming, relaxing massage blended with Lavender, Sandlewood and Ylang-Ylang to help calm and sooth and alleviate anxiety.

EARTH - An anti-cellulite massage working on the contours of the body and targeting stomach area to aid congestion, with essential oils of Cedarwood and Juniper.

METAL - A revitalising massage, with Lemon, Lime and Nutmeg, to uplift the mind and body.

WOOD - A stimulating massage with essential oils of Mint, Sage and Cinnamon designed to help improve circulation.

WATER - A massage to help with rehydration, regeneration and sooth the mind and assist with fluid retention in the legs, with Geranium, Patchouli and Coriander.

SPERIENCE ELEMENTS AROMA BACK & SCALP MASSAGE

Select your choice of preferred aroma blend from our range of oils, to suit your mood, relax with a back and neck massage to ease tension, your treatment is complete with a nourishing scalp massage.

Treatment time 40 minutes, £50

SPERIENCE ELEMENTS BACK MASSAGE

Select your choice of preferred aroma blend from our range of oils to suit your mood, relax with a back, neck and shoulder massage tailored to your preffered pressure.

Treatment time 25 minutes, £45



SPERIENCE ELEMENTS HOT STONES BACK MASSAGE

A relaxing back, neck and shoulder massage complete using hot stones targeting deep into the muscles to relieve stress and melt away tension.

Treatment time 25 minutes, £50

SOOTHING FOOT & LEG MASSAGE

Soothing massage to ease those aches and pains in the legs and feet. Helps with water retention and aids lymphatic drainage.

Treatment time 25 minutes, £40

SPERIENCE ELEMENTS FULL BODY MASSAGE

Includes a back, neck and shoulder massage. The back of the legs, front of the legs will be gently massaged before your treatment concludes with a hand and arm massage.

Treatment time 55 minutes, £75

GREEN TEA FULL BODY MASSAGE

A 55 minute full body massage using warm Green Tea Jelly. A natural inflammatory and anti oxidant. A perfect treatment to leave your body free of aches and pains. Ending the treatment with a cup of green tea, allowing you to fully relax your mind and body.

Treatment time 65 minutes, £80

BEAUTIFUL BUMP BACK MASSAGE

Relaxing back massage using no essential oils. Performing the massage in 2 sections whilst lay on your side surrounded by pillows to make a comfy and relaxing treatment to sooth those extra aches and pains of carrying a baby. Once the back massage is complete your therapist will cocoon you and let you relax for 10 minutes. You must be 15 weeks+ for us to carry out this treatment.

Treatment time 25 minutes + 10 minutes relaxing, £55

MOTHER TO BE FULL BODY MASSAGE

Starting with a back massage performed in 2 sections including legs, hand and arms and a scalp massage. Using a massage cream to reduce the appearance of stretch marks and smooth the skin, using light movements to relax and smooth away those aches and pains. Following by 10 minutes relaxation time.

Treatment time 55 minutes + 10 minutes relaxing, £85



MEDITERRANEAN CANDLE MASSAGE

Using one of our Mediterranean inspired massage candles which will be burned while you enjoy a relaxing Pinda welcome touch to start your treatment. The warm oil from the candle is then poured over the body for a prolonged body massage, using deep and soothing movements. This indulgent full body massage will ease tension whilst natural antioxidants will hydrate and nourish the skin. Includes back, neck and shoulders, front of legs, back of legs, hand and arm and scalp massage.

Treatment time 65 minutes, £90

CINNAMON MASSAGE

Unwind with a cinnamon full body massage. Be nourished and hydrated from top to toe by a revolutionary product that combines benefits of both an oil and cream. Increasing circulation and detoxifying the body this treatment will leave you feeling tranquil and serene. Full body massage including back, neck and shoulder massage, back of legs front of legs and hand and arm massage.

Treatment time 55 minutes, £90



FACE & BODY THERAPIES

Each treatment will start with a consultation and our signature Daffodil welcome, and finish with aftercare advice provided by your therapist.

VITAMIN C BODY WRAP

A full body wrap designed to leave your skin revitalised and glowing. The Vitamin C boosts collagen, helping the skin to stay firm. Includes an exfoliation, warm wrap application with a scalp massage while the wrap soaks into the skin.

Treatment time 50 minutes, £65

WALKERS LEG THERAPY

A perfect treatment for tired, achy legs - our Baobab energizing leg treatment. This treatment commences with an exfoliation, followed by a massage to the legs and finishes with a touch of dreamy leg gel, leaving you radiant and walking on air!

Treatment time 40 minutes, £50

INDIAN HEAD MASSAGE

A relaxing treatment aimed at easing the stress and tension in the head and shoulder area. Designed to relieve headaches and take you away from day to day life leaving you feeling uplifted and de-stressed.

Treatment time 40 minutes, £55

EXPRESS FACIAL & BACK MASSAGE

Mini facial including an eye and lip cleanse, exfoliation, mask and scalp massage finishing with moisturiser, alongside a relaxing back, neck and shoulder massage.

Treatment time 55 minutes, £85

THE ULTIMATE GLOW (VITAMIN C)

Including a Vitamin C Wrap and Vitamin C Facial, The Ultimate Glow is the perfect all over relaxation. Vitamin C stimulates production of collagen leaving your skin firm and supple. You will feel completely refreshed; your skin glowing. The treatment ends with a glass of fresh orange juice, whilst you relax.

Treatment time 90 minutes, £150



PHYTOCARE BAOBAB BODY RITUAL

Full body exfoliation, Body & scalp massage with Baobab Oil. This ritual begins with a gentle full body exfoliation using Baobab Seed Shells to remove dead cells. A soothing lymphatic massage with Baobab oil will then provide the skin with anti-inflammatory, nourishing, and hydrating benefits. To complete your totally stress-reducing experience, our relaxing Baobab Scalp Therapy will help to revitalise the hair and sooth the scalp.

Treatment time 80 minutes, £90

ALOE & MINT COOLING BODY THERAPY

Light touch body and scalp massage. Your light touch massage uses products rich in Aloe Vera to deeply hydrate the skin, Lemon Oil to purify and Mint to refresh the body. Additional Rose Hip Oil soothes, nourishes and reduces irritation. Your therapy is completed with a de-stressing scalp pressure massage to aid relaxation.

Treatment time 80 minutes, £90

DAFFODIL SIGNATURE TREATMENT

Our Daffodil signature treatment is a full body experience designed to leave you feeling relaxed and rehydrated. The treatment incorporates our Daffodil Royal Elixir facial and a Mediterranean back massage to help ease those aching muscles and brighten the skin.

Treatment time 85 minutes, £140

CALMING HAND, FOOT & SCALP THERAPY

Intense nourishment and hydration. Chemical treatments can cause extreme dryness on hands and feet whilst stimulating hair loss. This therapy is designed to counteract these problems. The therapy begins with a gentle exfoliation on the hands, feet and nail beds, without the use of water baths to help maintain a healthy PH level. A deeply and hydrating mask is then applied to relieve extreme dryness and dehydration. Finally, completely relax and unwind with our revitalising scalp massage – using Baobab hair oil to revitalise the hair and sooth the scalp.

Treatment time 70 minutes, £115

A TOUCH OF SILK

A luxury envelop in a precious 'silk' balm, like a second skin. This exquisite treatment commences with an exfoliation followed by a mask that deeply hydrates and provides your skin with a satin appearance and a silky touch. Warm Pinda and a soothing scalp massage will relax the body.

Treatment time 55 minutes, £75



FACIAL THERAPIES

Each treatment will start with a consultation and our signature Daffodil welcome. Please note that all of our facials are suitable during pregnancy.

Our 55 minute facials include eye and lip cleanse, exfoliation, facial massage, mask with scalp or hand and arm massage and final moisturiser.

CALMING ROSE FACIAL

Ideal for all skin types including delicate skin. Strengthens the skins natural barrier.

Treatment time 55 minutes, £65

DAFFODIL ROYAL ELIXIR FACIAL

A strengthening facial for tired, stressed skin. Packed with anti-oxidants and essential nutrients, our Daffodil Royal Elixir Facial is ideal for tired and stressed skin. The skin regains its strength and natural immunity against daily aggressions.

Treatment time 55 minutes, £70

ROSE & HONEY HARMONY FACIAL

Soothing stressed and sensitive skin. Pure Rose Hip Oil, known for its healing properties, is combined with our de-stressing Royal Jelly Elixir to revitalise dull tone whilst helping the skin regain its natural immunity against daily aggression. Your facial is complete with our 5 rose petal mask which soothes skin prone to sensitivity brought on by emotional and physical stress and from medication. A luxurious gentle touch and healing massage with our warm welcome Pinda touch will help to restore peace to the mind and soul.

Treatment time 55 minutes, £85

TIME RADIANCE C ILLUMINATING FACIAL

Ideal for all skin types, a facial packed with Vitamin C to give you a boost and glow.

Treatment time 55 minutes, £90



O2 FACIAL

A facial designed to target daily effects of pollution and environmental stresses. The O2 facial restores oxygen to strengthen the skins defences and prevent premature ageing. The skin will be left deeply hydrated, increased luminosity and an all-round healthier appearance.

Treatment time 70 minutes, £75

LIFTING & FIRMLING FACIAL

A facial designed to restore the skins firmness. Lift the features and fade wrinkles. At the heart of this treatment lies our unique and exclusive complex, V-Matrix. With flaccidity in the skin beginning in the deepest layers, V-matrix works at the root of the problem to rebuild and restructure the dermis, transforming the skin from the inside out. An entire facial dedicated to fighting the ageing process, providing the skin with volume, life and firmness.

Treatment time 70 minutes, £105



HANDS & FEET

SPA MANICURE

Includes shaping of the nails, cuticle work, mini hand and arm massage and application of a colour of your choice.

Treatment time 40 minutes, £40

SPA PEDICURE

Includes a foot soak, foot exfoliation, shaping of the nails, cuticle work, a foot and leg massage and an application of a colour of your choice.

Treatment time 40 minutes, £40

NOURISHING HAND TREATMENT

Focusing solely on the condition of the hands, starting with a hand exfoliation, a luxury hand mask followed by a relaxing hand and arm massage, finishing an application of cuticle oil and moisturising hand cream. (please note this treatment does not include shaping of the nails or an application of colour).

Treatment time 40 minutes, £45

NOURISHING FOOT TREATMENT

Focusing on the condition of your feet this treatment will leave your feet feeling soft and smooth. Starting with a foot soak and foot exfoliation, removal of hard dead skin a luxury foot mask followed by a relaxing foot and leg massage and finishing with a foot smoothing cream. (please note this treatment does not include shaping of the nails or a colour application).

Treatment time 40 minutes, £45



EXPRESS TREATMENTS

EYEBROW WAX & SHAPE | 15 MINUTES | £15

LIP OR CHIN WAX | 15 MINUTES | £15

EYEBROW WAX & TINT | 15 MINUTES | £20

EYELASH TINT | 15 MINUTES | £20

EYE PACKAGE: EYEBROW WAX & TINT, EYELASH TINT | £35

HALF LEG WAX | 30 MINUTES | £30

FULL LEG WAX | 30 MINUTES | £30

FILE & POLISH ON FINGERS | 25 MINUTES | £25

Shaping of the nails with a colour application of your choice

